

Welcome to Camp Haccamo! The information in this packet will help you be ready for your week at camp.

***For our Youth campers, **Carnival Night** will be **Thursday, August 1st**. For our Adult Campers, **Prom Night** will be **Thursday, August 8th**. Please pack a nice outfit to be worn that evening. *** **Ladies:** A gown, dress or a dressy skirt outfit. **Men:** A dress shirt and slacks and/or tie, or nice polo shirt.

Arrival Procedures: Registration times are as follows:

8:00 a.m. - Last names - A to E

8:30 a.m. - Last names - F to I

9:00 a.m. - Last names - J to M

9:30 a.m. - Last names - N to Q

10:00 a.m. -Last names - R to U

10:30 a.m. -Last names - V to Z

Please note: Breakfast will **NOT** be served on Monday morning.

Medications will **NOT** be dispensed until 12:00 noon.

Please park in the designated areas (there will be a parking attendant). Leave all bags and sleeping supplies in your car until you have finished checking in. You will only need medications for the check in process. Along with other check in procedures, campers taking medications during their stay will be photographed for the purpose of dispensing medications effectively and efficiently to the correct camper.

Please plan on the check in process taking about one hour.

Camper Medication Procedure:

If the camper listed above takes any medications or topical (prescription or over the counter), please follow the directions on the attached pages. A **PHYSICIANS FORM** was emailed at the time the camper was registered. **AFTER YOU HAVE REVIEWED THE PHYSICIANS S FORM, please send it in to Camp Haccamo ASAP. (FAX # 585-672-9070, EMAIL:**

dollykujawa@gmail.com, MAIL to: PO BOX 25177, Rochester, NY 14625). Campers that do not take medications do not need to fill out this form.

Departure: Pick up time on Friday is between **10:30 a.m.** and **11:30 a.m.** **NO LATER THAN 11:30 a.m.** **PLEASE** plan on arriving as close to **10:30 a.m.** as possible.

Lunch **WILL NOT** be served this afternoon. The nurse **WILL NOT** dispense medications after 10:00 a.m. Please plan accordingly.

Directions for Medication Preparation for Camp Haccamo

1. ALL MEDICATIONS (including over the counter and topical medications) MUST BE:
 - a. IN ORIGINAL BOTTLES
 - b. ACCOMPANIED BY PHYSICIANS FORM
 - c. PRESENTED TO HEALTH DIRECTOR UPON ARRIVAL AT CAMP HACCAMO.

2. Bring enough of all medications to last one week (not to exceed 1 week supply).

3. Health Staff will count all controlled substances upon camper's arrival.

4. Medications will not be dispensed if the prescription and the Physicians form **do not match exactly.**

5. Camp does not supply any medications, including over the counter drugs.

6. **The Physicians Form must:**
 - a. Match with prescription on bottles EXACTLY
 - b. Include **ALL** over the counter medications
 - c. Be completed, signed and dated by the Doctor

7. Make a copy of the completed Physicians form before sending it to camp so you can match the prescription bottles with the medications to be taken.

If you follow these instructions, it will help the registration process go more smoothly. Thank you.

IF THESE REQUIREMENTS ARE NOT MET EXACTLY, THE CAMPER MAY NOT BE PERMITTED TO STAY AT CAMP.

ALL MEDICATIONS MUST BE SIGNED OUT WHEN THE CAMPER LEAVES CAMP!

PLEASE NOTE! CAMP HACCAMO WILL NOT BE RESPONSIBLE FOR ANY MEDICATIONS, MEDICAL EQUIPMENT OR MEDICAL APPARATUS LEFT AFTER THE CAMPER LEAVES THE CAMP PROPERTY.

Thank you, The Camp Haccamo Health Director and Staff

PLEASE NOTE: CAMP HACCAMO IS NOT RESPONSIBLE FOR LOST OR STOLEN BELONGINGS. COUNSELORS DO THEIR BEST TO HELP CAMPERS KEEP TRACK OF THEIR THINGS. MAKE SURE ALL ITEMS ARE LABELED WITH THE CAMPER'S FIRST AND LAST NAME. DO NOT SEND ELECTRONICS OR VALUABLE ITEMS.

Packing List (Sending a list of items along with the camper is helpful) Clothes:

- 7 pairs of socks •2 pairs of pants
- 7 pairs of underwear/briefs •2 towels
- 4 pairs of shorts •2 pairs of pajamas (or extra

- 7 shirts (shorts)
- 2 sets of footwear (water shoes and 1 raincoat & 1 pair of sneakers)
- 2 bathing suits
- 1 jacket
- 1 sweatshirt

Toiletries:

- Comb/brush
- Toothbrush
- Toothpaste
- Deodorant
- Soap and Shampoo
- Lotion (if needed)
- If applicable, please provide enough diapers/attends for 7 days plus extra. If diapers run out during the week, you will get a call to come in and replenish the supply.
- Any other supplies your child uses on a daily basis.

Other Necessary Items:

- 1 set of twin sheets and a blanket

OR 1 set of twin sheets and a sleeping bag

- Pillow with pillowcase
- Extra swimming supplies (goggle/earplugs/nose plugs/floaties)
- Adaptive equipment used regularly (eating utensils/splints/AFOs/glasses/walkers/PECs)
 - Written directions for use and care of equipment

Getting to Rochester Rotary Sunshine Camp in Rush, NY

From Rochester, the camp is an easy 25 minute drive using Route 390 South.

Take Exit 11 (Rush), turn left (South), travel 2.8 miles on Route 15.

Turn left on Honeoye Falls Five Points Road, proceed one mile before turning right on Five Points Road. The Sunshine Camp is located one half mile south on the right at 809 Five Points Road.

From the South, take Route 390 North, Exit 10 (East Avon).

Turn left (West) on Routes 5 & 20 to Route 15.

Turn right (North) on to Route 15 and travel 2.6 miles to Honeoye Falls #6 Road (at yellow flashing light).

Turn right (East) and travel 1.5 miles to Five Points Road.

Turn left and travel one half mile and you will see the gate to the Sunshine Camp on your left.

We can't wait to see you!

Sincerely,

The Camp Haccamo Staff

If there are any questions or concerns, please contact the Camp Haccamo Office at 585-381-5710, or email Dolly Kujawa at - dollykujawa.camphaccamo@gmail.com OR dollykujawa@gmail.com